T-BIRD CAFÉ MENU
OCTOBER 15-19, 2018

PAUL DILLMAN, FOODSERVICE DIRECTOR    (785)243-1435 EXT #305

MONDAY LUNCH
TACOS/TACO SALADS/BURRITOS

CHICKEN TACOS/TACO SALADS/BURRITOS
CILANTRO LIME RICE
SEASONED BEANS
SEASONED CORN

NACHO BAR

BURGER OF THE WEEK
BLACKENED CHICKEN SALADS

MONDAY DINNER
BBQ GLAZED CHICKEN

PORK LOIN
AU GRATIN POTATOES
ROASTED CAULIFLOWER

PASTA BAR

BURGER OF THE WEEK
DEEP SOUTH BURGER

TUESDAY LUNCH
TACO SALADS/BURRITOS

TUESDAY DINNER
BYO BURRITOS
TACO MEAT, PORK, Diced
CHICKEN
SPANISH RICE

GRILLED CHEESE / TOMATO SOUP

CHICKEN WRAPS

THURSDAY LUNCH
FRIED CHICKEN

PORK POT ROAST
MASHED POTATOES W/ CHICKEN GRAVY

BAKED POTATO BAR

THURSDAY DINNER
TERIYAKI PORK LOIN

TUESDAY DINNER
SPAGHETTI W/ MEAT SAUCE

CHICKEN ALFREDO

NOODLE BOWLS

WEDNESDAY LUNCH
THAI CURRY CHICKEN W/ VEGETABLES

SHOYU PORK
STEAMED WHITE RICE
STEAMED BROCCOLI

WEDNESDAY DINNER
SPAGHETTI W/ MEAT SAUCE

CHICKEN ALFREDO

NOODLE BOWLS

FRIDAY LUNCH
FISH TACOS

LATIN BAKED CHICKEN

FRIDAY DINNER
RAVIOLI IN MARINARA

GARLIC ROASTED CHICKEN

ROASTED POTATOES

ROASTED CARROTS

HOT HAM AND CHEESE W/ POTATO SOUP

*TASTEFULLY HEALTHY ITEMS PRINTED IN GREEN

HOURS OF OPERATION
7:30AM-9:30AM BREAKFAST
10:45AM-1:15PM LUNCH
5PM-6:45PM DINNER
MONDAY-FRIDAY
11AM-12NOON SATURDAY
11AM-1PM SUNDAY BUFFET