## **Health & Human Performance**

## Associate of Science



Students who plan to major in Health and Human Performance may begin this bachelor's degree program at Cloud County Community College. Graduates from these four-year programs enter a profession with many professional opportunities. Students planning to complete a four-year degree should enroll in the A.S. program.

Communication Requirement	9	elective requirements.
<u>-</u>		•
CM101 English Composition I (3 cr)		
CM102 English Composition II (3 cr)		*All electives should be selected with assistance from an advisor
CM115 Public Speaking (3 cr) <i>or</i>		
CM240 Interpersonal Communications (3 c	r)	General Education substitutions must be approved by the Vice President
Humanities Requirement (2 areas required)	6	for Academic Affairs. Program substitutions must be approved by the
ArtHumanities		department chair.
MusicLiterature		TI
TheatrePhilosophy		First Semester:
Foreign LanguageHistory		<del></del>
	2	
Mathematics Requirement	3	
Mathematics General Education Course		
Natural Science Requirement (2 areas required)	8-10	
Physical Science (w/lab) (4-5 cr)		
Biological Science (w/lab) (4-5 cr)		Second Semester:
Social/Behavioral Science Requirement	6	
(2 areas required)	U	
EconomicsAnthropology		
		<del></del>
SociologyGeography		
Required Health and Human Performance Cours	es 9 cr	
<del>-</del>	ES 9 CI	Third Semester:
Choose three of the following:	2	
BE210 Leadership Development	3	
PE131 First Aid and Safety	3	
PE136 Theory of Coaching	3	<del></del>
PE141 Personal Wellness	3	
PE148 Introduction to Sports Management	3	
PE150 Basic Care and Prevention of Athletic Inj.		
PE250 Stress Management	3	Fourth Semester:
	0	
Elective Courses* (See reverse side for complete listing)	9 cr	
Elective	_	<del></del>
Elective	_	<del></del>
Elective	_	<del></del>
Open Electives*	12 cr	
Elective		Anticipated Graduation Total Hours
Elective	_	Minimum 62 credit hrs. with minimum GPA 2.0.
Elective		
Elective	_	There are many factors to consider when picking the college and the degree that
	_	Kansas are the best match for you. Explore ksdegreestats.org to learn more about the
		<b>DegreeStats</b> specific costs of each undergraduate degree program offered in Kansas, and the earnings those graduates are making today.

Total Credits Required 62

**Advisement Center** 

Printable Degree Planning Guide

23-24 Academic Year

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## Associate of Science



The Associate of Science elective options listed below are organized by area of interest. All electives should be selected with assistance from an advisor. Program substitutions must be approved by the department chair.

Athletic Training	
HE124 Nutrition	:
PE150 Basic Care and Prev. of Athletic Injuries I	
PE151 Basic Care and Prev. of Athletic Injuries II	
SC120 Human Anatomy & Physiology I	
SC121 Human Anatomy & Physiology II	
Kinesiology-Exercise Science	
HE124 Nutrition	3
PE146 Concepts of Team Sports	3
SC120 Human Anatomy & Physiology I	4
SC121 Human Anatomy & Physiology II	
SC130 General Chemistry (5) <i>or</i>	
SC131 Chemistry I (5)suggested	5
SC140 College Physics I	5
Sports Management	
BE154 Business Law	3
BE155 Marketing	
BE160 Business Accounting	3
MG101 Management Principles	3
PE136 Theory of Coaching	3
PE146 Concepts of Team Sports	
PE148 Introduction to Sports Management	

Additional Electives	
BE161 Accounting I	3
BE162 Accounting II	
BE210 Leadership Development	3
PE101 Team Sports I	
MA112 Trigonometry	3
PE102 Team Sports II	
PE108 Archery	
PE110 Total Fitness	
PE126 Cheerleading I	
PE127 Cheerleading II	
PE128 Dance Team I	
PE129 Dance Team II	
PE130 Intro to Physical Education	
PE131 First Aid and Safety	
PE135 Concepts of Physical Education	3
PE141 Personal Wellness	
PE143 Total Fitness II	
PE144 Archery II	
PE156 Principles of Strength & Conditioning	
PE160 Varsity Sports: Baseball	
PE161 Varsity Sports: Basketball	
PE162 Varsity Sports: Track	
PE165 Varsity Sports: Softball	
PE167 Varsity Sports: Cross Country	1
PE168 Varsity Sports: Volleyball	1
PE169 Varsity Sports: Wrestling	1
PE185 Varsity Sports: Basketball II	
PE250 Stress Management	3
PE220 Cooperative Ed Internship	
SC125 Human Body Dissection	
SS101 General Psychology	
SS102 Abnormal Psychology	
SS103 Social Psychology	
SS105 Human Growth and Development	
SS106 Marriage and Family	
SS107 Human Sexuality	
SS113 Human Relations	
SS125 Introduction to Cultural Anthropology	
SS127 Child Psychology	
SS130 Introduction to Sociology	
SS131 Race and Ethnic Relations in the U.S	
SS140 U.S. Government: National	
SS141 U.S. Government: State and Local	
SS201 Social Problems	3