

Programs of Study - Transfer

HEALTH, HUMAN PERFORMANCE & RECREATION

Recreation Emphasis

Associate in Arts (AA)

Semester 1

PE 137	Introduction to Recreation	3 credit hours
CM 101	English Composition I	3 credit hours
MA 111	College Algebra (or higher)	3 credit hours
SS 130	Sociology	3 credit hours
	Humanities General Education ¹	3 credit hours
SS 100	College Skills and Resources ⁴	<u>1 credit hour</u>

Total: 16 credit hours

Semester 2

CM 102	English Composition II	3 credit hours
SS 101	General Psychology	3 credit hours
PE	Physical Education Elective ⁵	3 credit hours
SS 140	U.S. Government: National	3 credit hours
PE 134	Personal and Community Health	<u>3 credit hours</u>

Total: 15 credit hours

Semester 3

SC 101	General Biology	4 credit hours
SS 122	U.S. History I	3 credit hours
PE 131	First Aid and Safety	3 credit hours
	Elective ⁵	3 credit hours
SS 105	Human Growth and Development	<u>3 credit hours</u>

Total: 16 credit hours

Semester 4

PE 155	Recognition and Care	3 credit hours
CM 121	Introduction to Literature	3 credit hours
CM 115	Public Speaking	3 credit hours
	Elective ⁵	3 credit hours
PE 136	Theory of Coaching	<u>3 credit hours</u>

Total: 15 credit hours 62 credit hours

¹The nine hours of humanities gen. ed. must represent at least three different disciplines in fine arts, history, literature, or philosophy.

²Check transfer requirements when selecting a natural science. Some universities may require two sciences as a gen. ed. and/or elective.

³The six hours of general education social sciences must represent a minimum of two different areas of study.

⁴College Skills and Resources is a required course for all first time, full-time entering Freshmen.

⁵Electives are any college coursework at or above the 100 level. Each Department maintains a list of recommended electives. Students are strongly encouraged to consider transfer institution requirements when choosing elective courses.