

Programs of Study - Transfer

HEALTH, HUMAN PERFORMANCE & RECREATION

Kinesiology/Exercise Science Emphasis

Associate in Science (AS)

Semester 1

PE 156	Principles of Strength and Conditioning	3 credit hours
CM 101	English Composition I	3 credit hours
MA 111	College Algebra (or higher)	3 credit hours
SS 130	Introduction to Sociology	3 credit hours
SS 100	College Skills and Resources ⁴	1 credit hour
	Humanities General Education ¹	<u>3 credit hours</u>

Total: 16 credit hours

Semester 2

CM 102	English Composition II	3 credit hours
SS 123	U.S. History II	3 credit hours
SS 101	General Psychology	3 credit hours
SS 141	U.S. Government: State and Local	3 credit hours
PE 130	Introduction to Physical Education	<u>3 credit hours</u>

Total: 16 credit hours

Semester 3

SC 120	Human Anatomy and Physiology I	4 credit hours
SS	Social Science General Education ³	3 credit hours
PE 131	First Aid and Safety	3 credit hours
SC 140	College Physics I	4 credit hours
SS 101	General Psychology	<u>3 credit hours</u>

Total: 17 credit hours

Semester 4

SC 121	Human Anatomy and Physiology II	4 credit hours
	Humanities General Education ¹	3 credit hours
CM 115	Public Speaking	3 credit hours
SC 130	General Chemistry	<u>5 credit hours</u>

Total: 15 credit hours 63 credit hours

¹The six hours of humanities gen. ed. must represent at least two different disciplines in fine arts, history, literature, or philosophy.

²Check transfer requirements when selecting a natural science. Some universities may require two sciences as a gen. ed. and/or elective.

³The six hours of general education social sciences must represent a minimum of two different areas of study.

⁴College Skills and Resources is a required course for all first time, full-time entering Freshmen.

⁵Electives are any college coursework at or above the 100 level. Each Department maintains a list of recommended electives. Students are strongly encouraged to consider transfer institution requirements when choosing elective courses.